



**2021 FSU College Life Coaching Institute Schedule Overview**  
 Coaching in Today's World

<b>WEDNESDAY, JUNE 2<sup>ND</sup></b>		
10:30am-11:00am	Check-in & Networking	
11:00am-11:45am	Welcome & Keynote Address	
	<b>Garnet Track (Advisor/Coach)</b>	<b>Gold Track (Administrator)</b>
11:45am-1:00pm	FSU College Life Coaching Program Overview Coaching Skills: Creating a Safe Space & Connection	Group Introductions and Theory Review
1:00pm-1:30pm	BREAK	
1:30pm-2:30pm	Coaching Skill: Active Listening & Affirming	FSU College Life Coaching Program Overview
2:45pm-3:45pm	Role Play	Coaching Skills Overview & Dynamic Circular Model
4:00pm-5:00pm	Coaching Session Observation & Discussion	
<b>THURSDAY, JUNE 3<sup>RD</sup></b>		
10:00am-10:30am	Group Activity (optional)	
10:30am-11:30am	Coaching Skills: Empowering Questions & Solution Focused	Developing Program Outcomes
11:45am-12:45pm	Coaching Skills: Holding Student's Agenda, Prioritize & Clarifying Direction	Program Evaluation (Data Review)
12:45pm-1:15pm	BREAK	
1:15pm-2:15pm	Coaching Skill: Coach Confidence & Role Play	Proposal Drafting Time
2:30pm-3:30pm	Dynamic Circular Model	Panel Discussion (separated by status – new or existing program)
3:45pm-4:45pm	Workshop	
<b>FRIDAY, JUNE 4<sup>TH</sup></b>		
10:00am-10:30am	Group Activity (optional)	
10:30am-11:30am	Student Panel	
11:45am-12:45pm	Role Play & Discussion	Special Topics & Program Goal Planning/ Next Steps
12:45pm-1:15pm	BREAK	
1:15pm-2:15pm	Workshop (led by Keynote)	
2:30pm-3:00pm	Closing Session	