

# It's Going to Be Okay.

When? ☐ It's okay now ☐ Soon ☐ Eventually ☐ It will take time  
Because, \_\_\_\_\_.

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> It'll grow back                  | <input type="checkbox"/> I can see the big picture          | <input type="checkbox"/> I can cry it out                  |
| <input type="checkbox"/> I'm too good for him             | <input type="checkbox"/> I will forget it                   | <input type="checkbox"/> It's hard and that's okay         |
| <input type="checkbox"/> I'm too good for her             | <input type="checkbox"/> I can't change it and why should I | <input type="checkbox"/> It's their loss                   |
| <input type="checkbox"/> I'm too good for them            | <input type="checkbox"/> I can return it                    | <input type="checkbox"/> I can focus on something else     |
| <input type="checkbox"/> It's not that obvious            | <input type="checkbox"/> That was so understandable         | <input type="checkbox"/> I won't take it home with me      |
| <input type="checkbox"/> Who's going to know?             | <input type="checkbox"/> I look great                       | <input type="checkbox"/> Timing is everything              |
| <input type="checkbox"/> I can't blame myself             | <input type="checkbox"/> I look great for my age            | <input type="checkbox"/> Someday I'll understand           |
| <input type="checkbox"/> There are other fish in the sea  | <input type="checkbox"/> That happens to everyone           | <input type="checkbox"/> They aren't worth it              |
| <input type="checkbox"/> Tattoo removal is easier now     | <input type="checkbox"/> I made my point                    | <input type="checkbox"/> Chalk it up to experience         |
| <input type="checkbox"/> I am not my job                  | <input type="checkbox"/> Who wants that responsibility?     | <input type="checkbox"/> One day at a time                 |
| <input type="checkbox"/> Mom will never know              | <input type="checkbox"/> It's not more than I can handle    | <input type="checkbox"/> I have to believe in me           |
| <input type="checkbox"/> Therapy                          | <input type="checkbox"/> Time heals all wounds              | <input type="checkbox"/> _____ believes in me              |
| <input type="checkbox"/> Just take a mulligan             | <input type="checkbox"/> Time wounds all heels              | <input type="checkbox"/> I reacted with integrity          |
| <input type="checkbox"/> I can move back home             | <input type="checkbox"/> I don't normally do that           | <input type="checkbox"/> For every end there is a why      |
| <input type="checkbox"/> Don't "should" all over yourself | <input type="checkbox"/> Success or not, I am loved         | <input type="checkbox"/> I can't dwell on it               |
| <input type="checkbox"/> At least I know I'm right        | <input type="checkbox"/> It's a journey and a destination   | <input type="checkbox"/> Love hurts/stinks/is overrated    |
| <input type="checkbox"/> I did my best                    | <input type="checkbox"/> It was a long shot anyway          | <input type="checkbox"/> I gave it my best shot            |
| <input type="checkbox"/> I can't win 'em all              | <input type="checkbox"/> Lesson learned                     | <input type="checkbox"/> It takes all kinds of kinds       |
| <input type="checkbox"/> I couldn't have known            | <input type="checkbox"/> It's not me, it's the economy      | <input type="checkbox"/> It just happens                   |
| <input type="checkbox"/> I will laugh about it one day    | <input type="checkbox"/> No rain, no flowers                | <input type="checkbox"/> Adversity will forge my character |
| <input type="checkbox"/> I have faith                     | <input type="checkbox"/> I am the bigger person             | <input type="checkbox"/> I'll feel better after a bath     |
| <input type="checkbox"/> Antibiotics                      | <input type="checkbox"/> I still have my honor              | <input type="checkbox"/> Normal isn't real                 |
| <input type="checkbox"/> They weren't thinking            | <input type="checkbox"/> I still have my hair               | <input type="checkbox"/> Pain can be temporary             |
| <input type="checkbox"/> It's about quality not quantity  | <input type="checkbox"/> Heartbreak makes me wiser          | <input type="checkbox"/> I may be overthinking it          |
| <input type="checkbox"/> It's about quantity not quality  | <input type="checkbox"/> People will see through it anyway  | <input type="checkbox"/> Just give it some time            |
| <input type="checkbox"/> It'll look better in the morning | <input type="checkbox"/> I can't let it get me down         | <input type="checkbox"/> It'll make great mentor material  |
| <input type="checkbox"/> Self care                        | <input type="checkbox"/> It's not forever                   | <input type="checkbox"/> It'll make great memoir material  |
| <input type="checkbox"/> I can make a TikTok about it     | <input type="checkbox"/> There's always people like that    | <input type="checkbox"/> It wasn't meant to be             |
| <input type="checkbox"/> They don't deserve me            | <input type="checkbox"/> Karma                              | <input type="checkbox"/> It was meant to be                |
| <input type="checkbox"/> It wasn't my fault               | <input type="checkbox"/> I think it looks cute              | <input type="checkbox"/> Everyone empathizes               |
| <input type="checkbox"/> There's a specialist for that    | <input type="checkbox"/> One door closes, another opens     | <input type="checkbox"/> I can work to make it better      |
| <input type="checkbox"/> There's a community for that     | <input type="checkbox"/> _____ will know what to do         | <input type="checkbox"/> Really, it will                   |

All things can be okay if we work to make them that way.

Okay? Okay. Okay!