

**2019 FSU College Life Coaching Institute Overview**

A Decade to Celebrate!

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| **WEDNESDAY, JUNE 5TH**  |
| **7:30am-8:30am** | **Check-in & Breakfast** |
| **8:30am-9:30am** | **Welcome & Keynote Address** |
|  | **Garnet Track** **(Advisor)** | **Gold Track** **(Administrator)** |
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| **9:45am-11:00am** | **Coaching Program Overview &** **Coaching Skill: Creating a Safe Space** | **Group Introductions and Research** |
| **11:15am-12:15pm** | **Coaching Skill: Connection** | **Program Specifics****(History, Structure, Staffing & Training)** |
| **12:15pm-1:15pm** | **Lunch (Catered)** |
| **1:30pm-2:30pm** | **Coaching Skill: Active Listening** | **Developing Program Outcomes** |
| **2:45pm-3:45pm** | **Coaching Skill: Empowering Questions** | **Proposal Drafting Time** |
| **4:00pm-5:00pm** | **Coaching Skill: Solution Focused** | **Special Topics****(Topics/questions provided by participants)** |
| **THURSDAY, JUNE 6TH**  |
| **8:30am-9:30am** | **Coaching Skill: Holding Student’s Agenda**  | **Coaching Skills Overview & Live Role Play** |
| **9:45am-10:45am** | **Coaching Skills: Prioritize & Clarify Direction**  | **Dynamic Circular Model** |
| **11:00am-12:00pm** | **Coaching Skill: Affirming** | **Program Evaluation** |
| **12:00pm-1:00pm** | **Lunch (catered)** |
| **1:15pm-2:15pm** | **Coaching Skill: Coach Confidence** | **Coaching Leadership****(session led by the Keynote Speaker)** |
| **2:30pm-3:30pm** | **Workshops** |
| **3:45pm-4:45pm** | **Team Meetings** |
| **FRIDAY, JUNE 7TH**  |
| **8:30am-9:30am** | **Role Play & Roundtable** | **Panel Discussion****(separated by status – new or existing program)** |
| **9:45am-10:45am** | **Dynamic Circular Model** | **Program Goal Planning/ Next Steps** |
| **10:45am-11:15am** | **Closing Session** |
| **11:15am-12:00pm** | **Celebration (with cake)** |