

## FLORIDA STATE UNIVERSITY DIVISION OF UNDERGRADUATE STUDIES ADVISING FIRST CENTER FOR COLLEGE LIFE COACHING



Updated: 11/21/2019

## 2020 FSU College Life Coaching Institute Schedule Overview

20/20 Vision: Bringing Clarity to Coaching

WEDNESDAY, JUNE 31	RD	
7:30am-8:30am	Check-in & Breakfast (catered)	
8:30am-9:30am	Welcome & Keynote Address	
	Garnet Track (Advisor/Coach)	Gold Track (Administrator)
9:45am-11:00am	FSU College Life Coaching Program Overview Coaching Skills: Creating a Safe Space & Connection	Group Introductions and Theory Review
11:15am-12:15pm	Coaching Skill: Active Listening & Affirming	FSU College Life Coaching Program Overview
12:15pm-1:15pm	Lunch (Catered)	
1:30pm-2:30pm	Networking Session	
2:45pm-3:45pm	Role Play	Coaching Skills Overview & Dynamic Circular Model
4:00pm-5:00pm	Coaching Session Observation & Discussion	
THURSDAY, JUNE $4^{TH}$		
7:30am-8:30am	Breakfast (catered)	
8:45am-9:45am	Coaching Skills: Empowering Questions & Solution Focused	Developing Program Outcomes
10:00am-11:00am	Coaching Skills: Holding Student's Agenda, Prioritize & Clarifying Direction	Program Evaluation (Data Review)
11:15am-12:15pm	Coaching Skill: Coach Confidence & Role Play	Proposal Drafting Time
12:15pm-1:15pm	Lunch (catered)	
1:30pm-2:30pm	Dynamic Circular Model	Panel Discussion (separated by status – new or existing program)
2:45pm-3:45pm	Concurrent Workshops	
4:00pm-5:00pm	Concurrent Workshops	
FRIDAY, JUNE 5 <sup>TH</sup>		
8:00am-8:30am	Continental Breakfast	
8:45am-9:45am	Student Panel	
10:00am-11:30am	Role Play & Discussion	Special Topics & Program Goal Planning/ Next Steps
11:30am-12:00pm	Closing Session	

Location: Turnbull Conference Center 555 West Pensacola Street, Tallahassee 32306